

Springburn Harriers - Hall of Fame



SENIOR MEN						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
440 yards	W McLaughlin	1929	Bronze	Scottish Outdoor Champs	unknown	
Javelin	Leslie T Montgomerie	1932	Silver	Scottish Outdoor Champs	47.80	
100 yards	David A Brownlee	1934	Bronze	Scottish Outdoor Champs	unknown	
220 yards	David A Brownlee	1934	Bronze	Scottish Outdoor Champs	unknown	
Discus	Leslie T Montgomerie	1934	Bronze	Scottish Outdoor Champs	35.84	
880 yards	Gordon F Campbell	1938	Bronze	Scottish Outdoor Champs	unknown	
3 miles	James C Morton	1948	Bronze	Scottish Outdoor Champs	unknown	
3 miles	Thomas Tracey	1949	Bronze	Scottish Outdoor Champs	unknown	
Marathon	Harry Haughie	1949	Bronze	Scottish Outdoor Champs	3.02.30	
2 miles Steeple	William MacMillan	1949	Silver	Scottish Outdoor Champs	10.58.3	
3 miles	Thomas Tracey	1950	GOLD	Scottish Outdoor Champs	14.57.0	
6 miles	James C Morton	1950	Bronze	Scottish Outdoor Champs	32.36.0	
3 miles	Thomas Tracey	1951	Silver	Scottish Outdoor Champs	14.47.1	
2 miles Steeple	John H Stevenson	1951	Bronze	Scottish Outdoor Champs	11.11.0	
3000m Steeple	Tom O' Reilly	1958	GOLD	Scottish Outdoor Champs	9.41.2	
3000m Steeple	Tom O' Reilly	1959	GOLD	Scottish Outdoor Champs	9.12.2	
3 miles	Eddie Sinclair	1960	GOLD	Scottish Outdoor Champs	14.05.0	
3000m Steeple	Tom O' Reilly	1960	Bronze	Scottish Outdoor Champs	9.31.6	
3000m Steeple	Tom O' Reilly	1961	Bronze	Scottish Outdoor Champs	9.41.6	
High Jump	David S Cairns	1962	Silver	Scottish Outdoor Champs	1.85	
3000m Steeple	Tom O' Reilly	1963	Silver	Scottish Outdoor Champs	9.48.2	
High Jump	David S Cairns	1963	Silver	Scottish Outdoor Champs	1.96	
High Jump	David S Cairns	1964	Silver	Scottish Outdoor Champs	1.88	
880 yards	A Duncan Middleton	1967	GOLD	Scottish Outdoor Champs	1.50.2	
3 miles	Eddie Knox	1967	Bronze	Scottish Outdoor Champs	14.14.0	
1500m	Michael Bradley	1969	Bronze	Scottish Outdoor Champs	3.50.8	
600m (indoor)	Albert McLellan	1972	Bronze	Scottish Indoor Champs	1.23.5	Perth
Marathon	Alastair McFarlane	1976	Bronze	Scottish Outdoor Champs	2.30.00	
1500m	Graham Williamson	1978	Bronze	Scottish Outdoor Champs	3.42.1	
800m	Graham Williamson	1979	Silver	Scottish Outdoor Champs	1.48.8	
1500m	Graham Williamson	1979	GOLD	Universiade (Mexico City)	3.45.37	
1500m	Graham Williamson	1979	Bronze	European Cup (Turin, ITA)	3.38.34	
Marathon	Alastair McFarlane	1979	GOLD	Scottish Outdoor Champs	2.18.03	
1500m	Graham Williamson	1979	Silver	BRITISH CHAMPS	3.39.27	2nd to Steve Overt
Marathon	Alastair McFarlane	1980	Bronze	Scottish Outdoor Champs	2.25.39	
Marathon	Alastair McFarlane	1981	Bronze	Scottish Outdoor Champs	2.22.25	
1500m	Graham Williamson	1982	4th	Commonwealth Games (Brisbane)	3.43.84	
1500m	Graham Williamson	1982	2nd (Heat)	European Champs (Helsinki)	3.43.01	Fell in Final DNF
1500m	Graham Williamson	1982	Silver	BRITISH CHAMPS	3.39.07	2nd to Steve Cram
1500m	Graham Williamson	1983	10th (SF)	World Championships (Helsinki)	3.45.84	4th in heat (3.38.99)
1500m	Adrian Callan	1985	Bronze	Scottish Outdoor Champs	3.49.63	
3000m (indoor)	Graham Crawford	1987	Bronze	Scottish Indoor Champs	8.28.36	Ingleston
1500m	Adrian Callan	1988	Bronze	Scottish Outdoor Champs	3.47.88	
1500m (indoor)	Jamie Williamson	2018	GOLD	Scottish Indoor Champs	3.48.39	
X-Country & Road						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC	Paul Evans	1989	Silver	Scottish XC Champs	45.15	
XC	Thomas Tracey	1954	Silver	Scottish XC Champs	50.42	Hamilton
XC	Thomas Tracey	1952	Bronze	Scottish XC Champs	50.34	Hamilton
XC	Thomas Tracey	1951	Silver	Scottish XC Champs	50.13	Hamilton
XC	Thomas Tracey	1950	Bronze	Scottish XC Champs	50.31	Hamilton

Team & Relay Medals						
Event	Athlete	Date/Year	Team Position	Competition	Individual Pos.	Notes

XC - Team	R Allison	1933	Silver	National XC Champs (Senior Team)	11th Place	Hamilton
XC - Team	P McNab	1933	Silver	National XC Champs (Senior Team)	12th place	
XC - Team	G Tully	1933	Silver	National XC Champs (Senior Team)	14th place	
XC - Team	E McHadie	1933	Silver	National XC Champs (Senior Team)	37th place	
XC - Team	H Hughie	1933	Silver	National XC Champs (Senior Team)	45th place	
XC - Team	H McPhee	1933	Silver	National XC Champs (Senior Team)	51st place	
XC - Team	T Tracey	1951	Silver	National XC Champs (Senior Team)	2nd place	Hamilton
XC - Team	J Stevenson	1951	Silver	National XC Champs (Senior Team)	8th place	
XC - Team	C Morton	1951	Silver	National XC Champs (Senior Team)	16th place	
XC - Team	N McGowan	1951	Silver	National XC Champs (Senior Team)	17th place	
XC - Team	A Stevenson	1951	Silver	National XC Champs (Senior Team)	21st place	
XC - Team	D Fyffe	1951	Silver	National XC Champs (Senior Team)	27th place	
XC - Team	T Tracey	1952	Silver	National XC Champs (Senior Team)	3rd place	
XC - Team	J Stevenson	1952	Silver	National XC Champs (Senior Team)	13th place	
XC - Team	N McGowan	1952	Silver	National XC Champs (Senior Team)	15th place	
XC - Team	C Morton	1952	Silver	National XC Champs (Senior Team)	16th place	
XC - Team	D Wallace	1952	Silver	National XC Champs (Senior Team)	20th place	
XC - Team	J Stevenson	1952	Silver	National XC Champs (Senior Team)	24th place	
XC - Team	J Stevenson	1953	Bronze	National XC Champs (Senior Team)	15th place	
XC - Team	C Morton	1953	Bronze	National XC Champs (Senior Team)	24th place	
XC - Team	N McGowan	1953	Bronze	National XC Champs (Senior Team)	26th place	
XC - Team	D Wallace	1953	Bronze	National XC Champs (Senior Team)	27th place	
XC - Relay	G Braidwood	1990	Silver	National XC Relays (Senior Team)	11.36	
XC - Relay	D Donnett	1990	Silver	National XC Relays (Senior Team)	12.15	Irvine
XC - Relay	G Crawford	1990	Silver	National XC Relays (Senior Team)	11.47	
XC - Relay	A Callan	1990	Silver	National XC Relays (Senior Team)	11.41	
XC - Relay	D Donnett	1989	Bronze	National XC Relays (Senior Team)	12.56 (8)	
XC - Relay	G Crawford	1989	Bronze	National XC Relays (Senior Team)	12.54 (2)	Inverness
XC - Relay	A Callan	1989	Bronze	National XC Relays (Senior Team)	13.03 (2)	
XC - Relay	G Braidwood	1989	Bronze	National XC Relays (Senior Team)	12.46 (3)	
XC - Relay	J Cooper	1988	Silver	National XC Relays (Senior Team)	14.02 (29)	
XC - Relay	G Crawford	1988	Silver	National XC Relays (Senior Team)	13.08 (5)	Bellahouston
XC - Relay	D Donnett	1988	Silver	National XC Relays (Senior Team)	13.42 (6)	
XC - Relay	A Callan	1988	Silver	National XC Relays (Senior Team)	12.44 (2)	

SENIOR WOMEN						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
880 yards	Molly Ferguson	1954	Bronze	Scottish Outdoor Champs	Unknown	
880 yards	Molly Ferguson	1955	Bronze	Scottish Outdoor Champs	Unknown	
880 yards	Molly Ferguson	1956	GOLD	Scottish Outdoor Champs	2.28.3	
1 mile	Doreen Fulton	1957	Bronze	Scottish Outdoor Champs	Unknown	
880 yards	Molly Ferguson	1958	GOLD	Scottish Outdoor Champs	2.23.9	
80m Hurdles	Jean Muir	1958	Bronze	Scottish Outdoor Champs	Unknown	
880 yards	Molly Ferguson	1959	Bronze	Scottish Outdoor Champs	2.28.7	
1 mile	Doreen Fulton	1961	GOLD	Scottish Outdoor Champs	5.22.2	
5000m	Lesley Chisholm	2006	Silver	Scottish Outdoor Champs	18.03.62	
10,000m	Michelle Sandison	2012	Bronze	Scottish Outdoor Champs	39.17.38	
10,000m	Michelle Sandison	2013	Silver	Scottish Outdoor Champs	38.54.97	
10,000m	Michelle Sandison	2016	Bronze	Scottish Outdoor Champs	37.00.48	
10,000m	Michelle Sandison	2017	Silver	Scottish Outdoor Champs	37.03.90	
10,000m	Michelle Sandison	2018	Silver	Scottish Outdoor Champs	36.58.93	
5,000m	Michelle Sandison	10/07/2022	GOLD	Scottish Masters Champs	18.25.45	Dundee - Mixed Race
X-Country & Road						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC	Michelle Sandison	05/02/2022	GOLD	Masters XC Champs (Scotland)	22.02	W40 & 1st Female ALL
XC	Doreen Fulton	1960	Bronze	National XC Champs	21.19	
XC	Doreen Fulton	1956	Silver	National XC Champs	16.3	
Team & Relay Medals						
Event	Athlete	Date/Year	Team Position	Competition	Individual Pos./time	Notes
XC - Team	Molly Ferguson	1954	Silver	National XC Champs (Senior Team)	4th place	Dunfermline
XC - Team	Doreen Fulton	1955	Silver	National XC Champs (Senior Team)	6th place	Ayr
XC - Team	Molly Ferguson	1955	Silver	National XC Champs (Senior Team)	4th place	Ayr
XC - Team	T Watson	1955	Silver	National XC Champs (Senior Team)	13th place	Ayr
XC - Team	T McDevitt	1955	Silver	National XC Champs (Senior Team)	14th place	Ayr
XC - Team	Doreen Fulton	1960	Silver	National XC Champs (Senior Team)	3rd place	Glasgow

XC - Team	Molly Ferguson	1960	Silver	National XC Champs (Senior Team)	4th place	Glasgow
XC - Team	Molly Ferguson	1961	Silver	National XC Champs (Senior Team)	7th place	Greenock
XC - Team	Doreen Fulton	1961	Silver	National XC Champs (Senior Team)	4th place	Greenock
XC Relays	Michelle Sandison	2008	Bronze	National XC Relay Champs (SEN)		
XC Relays	Clare Gemmell	2008	Bronze	National XC Relay Champs (SEN)		
XC Relays	Danielle Brown (u20)	2008	Bronze	National XC Relay Champs (SEN)	16.55	
XC Relays	Barbara Knox (V50)	2016	GOLD	National XC Relay Champs (V50+)		
XC Relays	Jeanette Craig (V65)	2016	GOLD	National XC Relay Champs (V50+)		
XC Relays	Anne Marie Hughes (v50)	2016	GOLD	National XC Relay Champs (V50+)	17.57	
XC Relays	Barbara Knox (V50)	2017	Bronze	National XC Relay Champs (V50+)		
XC Relays	Carole Craig (V50)	2017	Bronze	National XC Relay Champs (V50+)	18.3	
XC Relays	Susan De Quadra (V50)	2017	Bronze	National XC Relay Champs (V50+)		
XC Relays	Barbara Knox (V50)	2018	GOLD	National XC Relay Champs (V50+)		11th in all 40+
XC Relays	Jeanette Craig (V50)	2018	GOLD	National XC Relay Champs (V50+)		11th in all 40+
XC Relays	Anne-Marie Hughes (V50)	2018	GOLD	National XC Relay Champs (V50+)		11th in all 40+

JUNIOR MEN						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
High Jump	A Johnstone	1963	GOLD	Scottish Schools Champs (U15)	1.59m	For Lenzie Academy
One Mile	I Young	1963	GOLD	Scottish Schools Champs (U20)	4.27.0	For Lenzie Academy
High Jump	Robin Souter	1964	GOLD	Scottish Youth Champs (U17)	1.78m	
High Jump	Robin Souter	1964	GOLD	Scottish Schools Champs (U17)	1.67m	For Lenzie Academy
1 Mile	Eddie Knox	1964	GOLD	Scottish Youth Champs (U17)	4.19.7	
High Jump	Robin Souter	1965	GOLD	Scottish Junior Champs (U20)	1.85m	
High Jump	Robin Souter	1965	GOLD	Scottish Schools Champs (U20)	1.74m	For Lenzie Academy
Triple Jump	A Johnstone	1965	GOLD	Scottish Youth Champs (U17)	12.82	
High Jump	Robin Souter	1966	GOLD	Scottish Junior Champs (U20)	1.83m	
1 Mile	George Jarvie	1966	GOLD	Scottish Youth Champs (U17)	4.31.9	
1 Mile	George Jarvie	1966	GOLD	Scottish Schools Champs (U17)	4.37.5	For Lenzie Academy
1 Mile	Eddie Knox	1966	GOLD	Scottish Junior Champs (U20)	4.18.4	
1000m Steeple	Nicky Souter	1966	GOLD	Scottish Schools Champs (U17)	3.06.9	For Lenzie Academy
1000m Steeple	Nicky Souter	1967	GOLD	Scottish Schools Champs (U17)	2.52.2	For Lenzie Academy
880 Yards	John Cherry	1968	GOLD	Scottish Junior Champs (U20)	1.54.2	
880 Yards	John Cherry	1968	GOLD	Scottish Schools Champs (U20)	1.55.9	For Bishopbriggs HS
1 Mile	Ian Picken	1968	GOLD	Scottish Junior Champs (U20)	4.24.8	
800m	John Cherry	1969	GOLD	Scottish Junior Champs (U20)	1.53.7	
800m	John Fleming	1973	GOLD	Scottish Schools Champs (U17)	1.59.5	For Lenzie Academy
1500m	Joe McLean	1973	GOLD	Scottish Junior Champs (U20)	4.07.5	
1500m	John Fleming	1974	GOLD	Scottish Schools Champs (U20)	4.03.2	For Lenzie Academy
800m	John Fleming	1974	GOLD	Scottish Junior Champs (U20)	1.55.9	
Long Jump	Kenneth Taylor	1974	GOLD	Scottish Youth Champs (U17)	6.51m	
3000m	Iain Murray	1975	GOLD	Scottish Youth Champs (U17)	8.53.8	
800m	Graham Williamson	1976	GOLD	Scottish Schools Champs (U15)	2.04.5	For Lenzie Academy
1500m	Ian Murray	1976	GOLD	Scottish Schools Champs (U20)	4.01.1	For Lenzie Academy
1500m	Graham Williamson	1976	GOLD	Scottish Schools Champs (U17)	4.06.4	For Lenzie Academy
1500m	Adrian Callan	1977	GOLD	Scottish Schools Champs (U15)	4.22.1	For Turnbull HS
1500m	Graham Williamson	1977	GOLD	Scottish Schools Champs (U20)	3.59.5	For Lenzie Academy
800m	Graham Williamson	1977	GOLD	Scottish Youth Champs (U17)	1.54.9	
1500m	Graham Williamson	1977	GOLD	Scottish Youth Champs (U17)	3.59.4	
3000m	Graham Williamson	1977	GOLD	Scottish Youth Champs (U17)	8.25.2	
1500m	Graham Williamson	1978	GOLD	Scottish Schools Champs (U20)	3.47.8	For Lenzie Academy
1500m	Graham Williamson	1979	GOLD	European U20 Champs	3.38.96	Champs Record
800m	Graham Williamson	1978	GOLD	Scottish Junior Champs (U20)	1.50.5	
1500m	Graham Williamson	1978	GOLD	Scottish Junior Champs (U20)	3.46.4	
800m	Stuart McPherson	1978	GOLD	Scottish U15 Champs	2.03.3	
1500m	Stuart McPherson	1978	GOLD	Scottish U15 Champs	4.16.0	
Long Jump	Kenneth Mather	1978	GOLD	Scottish U15 Champs	5.85m	
Shot Put	Kenneth Mather	1978	GOLD	Scottish U15 Champs	13.95m	
1500m	Graham Williamson	1979	GOLD	AAA (British) U20 Champs	3.39.27	
1500m	Adrian Callan	1979	GOLD	Scottish Youth Champs (U17)	4.02.2	
3000m	Adrian Callan	1979	GOLD	Scottish Youth Champs (U17)	8.39.0	
1500m	Adrian Callan	1979	GOLD	Scottish Schools Champs (U17)	4.11.3	For Turnbull HS
1500m	Stuart McPherson	1980	GOLD	Scottish Youth Champs (U17)	4.02.6	

3000m	Stuart McPherson	1980	GOLD	Scottish Youth Champs (U17)	8.53.7	
1500m	Stephen Begen	1983	GOLD	Scottish Youth Champs (U17)	4.08.33	
3000m	Stephen Begen	1983	GOLD	Scottish Youth Champs (U17)	8.54.32	
1500m	David Donnet	1984	GOLD	Scottish Youth Champs (U17)	4.03.4	For Thomas Muir HS
1500m (indoor)	Jamie Hendry	1996	GOLD	Scottish Junior Indoor Champs (U20)	4.07.52	
Long Jump (out)	Douglas Knox	27/08/2022	GOLD	Scottish Outdoor Champs (U15)	5.55m	Grangemouth
Discus (out)	Jamie Lowrie	28/08/2022	Silver	Scottish Outdoor Champs (U13)	24.07m	Grangemouth
Pentathlon (Indoor)	Douglas Knox	28/01/2023	GOLD	Combined Events Indoor Champs (U15)	2676	8th All Time Scottish U15B
Pole vault (Indoor)	Robin Lumby	31/01/2023	Silver	Scottish Schools Indoor Champs (U17)	2.50m	For Lenzie Academy (Emirates Arena)
60m (indoor)	Douglas Knox	01/02/2023	GOLD	Scottish Schools Indoor Champs (U15)	7.68s	For Lenzie Academy (Emirates Arena)
Long Jump (indoor)	Douglas Knox	01/02/2023	GOLD	Scottish Schools Indoor Champs (U15)	5.84m	For Lenzie Academy (Emirates Arena)
60m H (indoor)	Douglas Knox	18/02/2023	GOLD	Scottish Indoor Champs (U15)	9.22s	Emirates Arena
60m (indoor)	Douglas Knox	18/02/2023	Silver	Scottish Indoor Champs (U15)	6.76s	Emirates Arena (8mins > 60H GOLD)
Long Jump (indoor)	Douglas Knox	18/02/2023	GOLD	Scottish Indoor Champs (U15)	6.11m	Equal = Champs Record/ =3rd All Time
60m (indoor)	Wai Shun Tong	19/02/2023	GOLD	Scottish Indoor Champs (U13)	7.92	Champs Record + 2nd All Time U13
200m (indoor)	Wai Shun Tong	19/02/2023	GOLD	Scottish Indoor Champs (U13)	27.00s	8th All time
800m (indoor)	Gregor McNaught	19/02/2023	Silver	Scottish Indoor Champs (U13)	2.20.65	10th All time
Pentathlon (Outdoor)	Douglas Knox	03/06/2023	GOLD	SSAA Pentathlon Champs (U15)	2906	For Lenzie Academy (4th AT - 200m/ Not HJ)
Shot Put (Outdoor)	Douglas Knox	09/06/2023	GOLD	Scottish Schools Champs (U15)	11.37m	For Lenzie Academy (Grangemouth)
Long Jump (out)	Douglas Knox	10/06/2023	GOLD	Scottish Schools Champs (U15)	6.05m	For Lenzie Academy (Grangemouth)

X-Country & Road

Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC	Gregor McNaught	23/04/2023	GOLD	SSAA Primary XC Champs (P7)	6.42	1800m - For Lenzie Meadow (Kirkcaldy)
Road	Angus Fraser-Moodie	6/10/2021	Bronze	Scottish Schools Road Races (S1)	7.41 (1.3mile)	For Lenzie Academy -
XC	Jamie Williamson	2017	Bronze	National XC Champs (u20)		
XC	James Hendry	1999	GOLD	National XC Champs (u20)	28.02	
XC	James Hendry	1998	Bronze	National XC Champs (u20)	25.56	
XC	James Hendry	1997	GOLD	National XC Champs (u20)	26.36	
XC	James Hendry	1996	GOLD	National XC Champs (u17)	23.45	
XC	James Hendry	1995	Silver	National XC Champs (u17)		
XC	David Donnet	1987	Bronze	National XC Champs (u20)	26.31	
XC	Stephen Begen	1986	GOLD	National XC Champs (u20)	25.53	
XC	Stephen Begen	1984	GOLD	National XC Champs (u17)	22.19	
XC	Stephen Begen	1983	Silver	National XC Champs (u17)	22.51	
XC	Stephen Begen	1982	Silver	National XC Champs (u15)	17.20	
XC	Graham Williamson	1980	GOLD	National XC Champs (u20)	25.45	
XC	A Callan	1980	Silver	National XC Champs (u17)	22.28	
XC	Graham Williamson	1979	Silver	National XC Champs (u20)	25.39	
XC	Graham Williamson	1977	GOLD	National XC Champs (u17)	21.48	
XC	Stuart McPherson	1976	GOLD	National XC Champs (u13)		
XC	Graham Williamson	1974	Bronze	National XC Champs (u13)	10.52	
XC	I Murray	1974	GOLD	National XC Champs (u15)	16.02	
XC	D McLeod	1974	Bronze	National XC Champs (u15)	16.11	
XC	J Fleming	1973	Bronze	National XC Champs (u17)	20.39	
XC	J Lawson	1972	GOLD	National XC Champs (u17)	22.09	
XC	A Renfrew	1972	Silver	National XC Champs (u13)	11.13	
XC	J Lawson	1971	Silver	National XC Champs (u15)		
XC	C Falconer	1970	GOLD	National XC Champs (u20)	26.12	
XC	A Beaney	1969	Silver	National XC Champs (u20)	24.06	
XC	Eddie Knox	1968	Silver	National XC Champs (u20)	26.39	
XC	I Picken	1968	GOLD	National XC Champs (u17)	16.30	
XC	Eddie Knox	1967	GOLD	Junior International XC Champs		Barry, Wales (Scotland Team Bronze)
XC	Eddie Knox	1967	GOLD	National XC Champs (u20)	28.03	
XC	G Jarvie	1967	Bronze	National XC Champs (u17)	17.34	
XC	Eddie Knox	1966	Bronze	Junior International XC Champs		Rabat, Morocco
XC	Eddie Knox	1966	Silver	National XC Champs (u20)	26.23	
XC	G Jarvie	1966	GOLD	National XC Champs (u15)	10.31	
XC	Eddie Knox	1965	GOLD	National XC Champs (u17)	14.35	
XC	Eddie Knox	1964	GOLD	National XC Champs (u17)	14.48	
XC	A.D.Middleton	1964	Silver	National XC Champs (u17)	15.02	
XC	I. Young	1963	Silver	National XC Champs (u17)	14.23	
XC	A.D.Middleton	1962	GOLD	National XC Champs (u15)	7.58	
XC	J. Rooney	1957	Bronze	National XC Champs (u20)	32.52	
XC	P.McParland	1956	GOLD	National XC Champs (u20)	31.26	
XC	P.McParland	1953	GOLD	National XC Champs (u17)	16.06	

Team & Relay Medals

Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC - Team	Gregor McNaught	23/04/2023	Silver	SSAA Primary XC Champs (P7)	1st (6.42)	1800m - For Lenzie Meadow (Kirkcaldy)
XC - Team	Tommy Souter	23/04/2023	Silver	SSAA Primary XC Champs (P7)	22nd (7.39)	1800m - For Lenzie Meadow (Kirkcaldy)
XC - Team	Lucas McDonald	23/04/2023	Silver	SSAA Primary XC Champs (P7)	26th (7.43)	1800m - For Lenzie Meadow (Kirkcaldy)
XC - Team	Drew Dawson	23/04/2023	Silver	SSAA Primary XC Champs (P7)	34th (7.59)	1800m - For Lenzie Meadow (Kirkcaldy)
Indoor League	Douglas Knox	05/03/2023	Silver	Scottish Athletics Indoor League FINAL	60m, 60H, LJ	LJ = 6.26 (2nd best Scot all time - Indoors)
Indoor League	Joe Crawford	05/03/2023	Silver	Scottish Athletics Indoor League FINAL	HJ, 200m	PB's in HJ (1.50m) & 200m
Indoor League	Umberto Minchella	05/03/2023	Silver	Scottish Athletics Indoor League FINAL	800m, 300m	PB in 800m (2:21.63)
Indoor League	Jamie Lowrie	05/03/2023	Silver	Scottish Athletics Indoor League FINAL	Shot Put	PB in shot Put (9.49m)
SAIL Relay Champs	Matthew Murray	05/03/2023	GOLD	SAIL U13 Relay Champs (Indoor)	TBC	4x200m U13
SAIL Relay Champs	Lucas McDonald	05/03/2023	GOLD	SAIL U13 Relay Champs (Indoor)	TBC	4x200m U13
SAIL Relay Champs	Tommy Souter	05/03/2023	GOLD	SAIL U13 Relay Champs (Indoor)	TBC	4x200m U13
SAIL Relay Champs	Wai Shun Tong	05/03/2023	GOLD	SAIL U13 Relay Champs (Indoor)	TBC	4x200m U13
Indoor Relay Champs	Matthew Murray	12/02/2023	GOLD	Scottish U13 Relay Champs (Indoor)	1.55.47	4x200m U13 - 5th All time (29s Leg approx)
Indoor Relay Champs	Lucas McDonald	12/02/2023	GOLD	Scottish U12 SUPERTeams (Indoor)	1.55.47	4x200m U13 - 5th All time (28.5 leg approx)
Indoor Relay Champs	Drew Dawson	12/02/2023	GOLD	Scottish U12 SUPERTeams (Indoor)	1.55.47	4x200m U13 - 5th All time (30s Leg approx)
Indoor Relay Champs	Wai Shun Tong	12/02/2023	GOLD	Scottish U12 SUPERTeams (Indoor)	1.55.47	4x200m U13 - 5th All time (27.5s leg approx)
SUPERTeams	Lucas McDonald	22/01/2023	Silver	Scottish U12 SUPERTeams (Indoor)	1171 Points	Emirates
SUPERTeams	Tommy Souter	22/01/2023	Silver	Scottish U12 SUPERTeams (Indoor)	1171 Points	Emirates
SUPERTeams	Magnus Sosu	22/01/2023	Silver	Scottish U12 SUPERTeams (Indoor)	1171 Points	Emirates
SUPERTeams	Manuel Fajonyomi	22/01/2023	Silver	Scottish U12 SUPERTeams (Indoor)	1171 Points	Emirates
School Relays	Drew Dawson	05/10/2022	GOLD	SSAA Primary Road Relays (P7)	10.30	For Lenzie Meadow
School Relays	Tommy Souter	05/10/2022	GOLD	SSAA Primary Road Relays (P7)	10.30	For Lenzie Meadow
School Relays	Gregor McNaught	05/10/2022	GOLD	SSAA Primary Road Relays (P7)	10.30	For Lenzie Meadow
Indoor League	Lucas McDonald	06/03/2022	Silver	Scottish Athletics Indoor League FINAL	9.15 (60)	Emirates
Indoor League	Mauel Fajonyomi	06/03/2022	Silver	Scottish Athletics Indoor League FINAL	60m	Emirates
Indoor League	Tommy Souter	06/03/2022	Silver	Scottish Athletics Indoor League FINAL	600m + St LJ	Emirates
Indoor League	Eli Crawford	06/03/2022	Silver	Scottish Athletics Indoor League FINAL	600m + St LJ	Emirates
XC - Team	James Hendry	1997	Silver	National XC Champs (u20 Team)	1st place	
XC - Team	M Paton	1997	Silver	National XC Champs (u20 Team)	14th place	
XC - Team	D Houston	1997	Silver	National XC Champs (u20 Team)	23rd place	
XC - Team	S Black	1997	Silver	National XC Champs (u20 Team)	54th place	
XC - Team	S Began	1986	Bronze	National XC Champs (u20 Team)	1st place	
XC - Team	D Donnet	1986	Bronze	National XC Champs (u20 Team)	10th place	
XC - Team	A Chalmers	1986	Bronze	National XC Champs (u20 Team)	38th place	
XC - Team	M Kerr	1986	Bronze	National XC Champs (u20 Team)	69th place	
XC - Team	I Davidson	1981	GOLD	National XC Champs (u15 Team)	4th place	
XC - Team	K Sinclair	1981	GOLD	National XC Champs (u15 Team)	8th place	
XC - Team	S Began	1981	GOLD	National XC Champs (u15 Team)	13th place	
XC - Team	A Day	1981	GOLD	National XC Champs (u15 Team)	46th place	
XC - Team	A Callan	1980	GOLD	National XC Champs (u17 Team)	2nd place	Irvine
XC - Team	S McPherson	1980	GOLD	National XC Champs (u17 Team)	5th place	Irvine
XC - Team	P McInTyre	1980	GOLD	National XC Champs (u17 Team)	8th place	Irvine
XC - Team	J McMaster	1980	GOLD	National XC Champs (u17 Team)	10th place	Irvine
XC - Team	I Davidson	1980	GOLD	National XC Champs (u15 Team)	4th place	Irvine
XC - Team	J Kyle	1980	GOLD	National XC Champs (u15 Team)	8th place	Irvine
XC - Team	S Murphy	1980	GOLD	National XC Champs (u15 Team)	11th place	Irvine
XC - Team	K Sinclair	1980	GOLD	National XC Champs (u15 Team)	16th place	Irvine
XC - Team	A Callan	1978	GOLD	National XC Champs (u15 Team)	4th place	Irvine
XC - Team	S McPherson	1978	GOLD	National XC Champs (u15 Team)	5th place	Irvine
XC - Team	S McLean	1978	GOLD	National XC Champs (u15 Team)	13th place	Irvine
XC - Team	W Minto	1978	GOLD	National XC Champs (u15 Team)	24th place	Irvine
XC - Team	K Sinclair	1978	Bronze	National XC Champs (u13 Team)	13th place	Irvine
XC - Team	P Fellows	1978	Bronze	National XC Champs (u13 Team)	24th place	Irvine
XC - Team	K Patterson	1978	Bronze	National XC Champs (u13 Team)	28th place	Irvine
XC - Team	A Mooney	1977	Silver	National XC Champs (u15 Team)	8th place	
XC - Team	R Burrell	1977	Silver	National XC Champs (u15 Team)	9th place	
XC - Team	A Callan	1977	Silver	National XC Champs (u15 Team)	13th place	
XC - Team	R Grimes	1977	Silver	National XC Champs (u15 Team)	28th place	
XC - Team	S McPherson	1977	Bronze	National XC Champs (u13 Team)	1st place	
XC - Team	W Minto	1977	Bronze	National XC Champs (u13 Team)	8th place	
XC - Team	J McQuillan	1977	Bronze	National XC Champs (u13 Team)	10th place	
XC - Team	P McInTyre	1976	GOLD	National XC Champs (u13 Team)	4th place	
XC - Team	A Callan	1976	GOLD	National XC Champs (u13 Team)	6th place	
XC - Team	P Ward	1976	GOLD	National XC Champs (u13 Team)	10th place	
XC - Team	S McPherson	1976	GOLD	National XC Champs (u13 Team)	12th place	
XC - Team	W Paterson	1975	Bronze	National XC Champs (u17 Team)	9th place	Drumpellier

XC - Team	D McLeod	1975	Bronze	National XC Champs (u17 Team)	11th place	Drumpellier
XC - Team	I Murray	1975	Bronze	National XC Champs (u17 Team)	15th place	Drumpellier
XC - Team	Graham Williamson	1975	Silver	National XC Champs (u15 Team)	4th place	Drumpellier
XC - Team	E Martin	1975	Silver	National XC Champs (u15 Team)	8th place	Drumpellier
XC - Team	T Morin	1975	Silver	National XC Champs (u13 Team)	4th place	Drumpellier
XC - Team	R Burrell	1975	Silver	National XC Champs (u13 Team)	8th place	Drumpellier
XC - Team	Graham Williamson	1974	GOLD	National XC Champs (u13 Team)	3rd place	
XC - Team	I Murray	1974	GOLD	National XC Champs (u15 Team)	1st place	
XC - Team	D McLeod	1974	GOLD	National XC Champs (u15 Team)	2nd place	
XC - Team	A Sprang	1974	GOLD	National XC Champs (u15 Team)	11th place	
XC - Team	R Craig	1974	GOLD	National XC Champs (u15 Team)	14th place	
XC - Team	Graham Crawford	1974	GOLD	National XC Champs (u17 Team)	4th place	
XC - Team	D Paterson	1974	GOLD	National XC Champs (u17 Team)	10th place	
XC - Team	J Fleming	1974	GOLD	National XC Champs (u17 Team)	13th place	
XC - Team	W Paterson	1974	GOLD	National XC Champs (u17 Team)	15th place	
XC - Team	S Gillespie	1974	GOLD	National XC Champs (u20 Team)	6th place	
XC - Team	J Lawson	1974	GOLD	National XC Champs (u20 Team)	13th place	
XC - Team	J Martin	1974	GOLD	National XC Champs (u20 Team)	14th place	
XC - Team	J McLean	1974	GOLD	National XC Champs (u20 Team)	17th place	
XC - Team	J Fleming	1973	Silver	National XC Champs (u17 Team)	3rd place	
XC - Team	J Lawson	1973	Silver	National XC Champs (u17 Team)	6th place	
XC - Team	<i>Unknown Team</i>	1973	Silver	National XC Champs (u15 Team)		
XC - Team	J Lawson	1972	GOLD	National XC Champs (u17 Team)	1st place	
XC - Team	J Martin	1972	GOLD	National XC Champs (u17 Team)	6th place	
XC - Team	A Renfrew	1972	Bronze	National XC Champs (u17 Team)	2nd place	
XC - Team	J Fleming	1971	Silver	National XC Champs (u15 Team)	11th place	
XC - Team	J Lawson	1971	Silver	National XC Champs (u15 Team)	2nd place	
XC - Team	J Martin	1971	Silver	National XC Champs (u17 Team)	16th place	
XC - Team	S Gillespie	1971	Silver	National XC Champs (u17 Team)	5th place	
XC - Team	J Buntain	1971	Silver	National XC Champs (u17 Team)	6th place	
XC - Team	K McBride	1970	GOLD	National XC Champs (u15 Team)	12th place	
XC - Team	J Lawson	1970	GOLD	National XC Champs (u15 Team)	9th place	
XC - Team	J Martin	1970	GOLD	National XC Champs (u15 Team)	10th place	
XC - Team	<i>Unknown Team</i>	1970	Silver	National XC Champs (u13 Team)	2nd place	
XC - Team	<i>A Beaney</i>	1969	Silver	National XC Champs (u20 Team)	2nd place	Edinburgh
XC - Team	S Gillespie	1969	Bronze	National XC Champs (u15 Team)	2nd place	Edinburgh
XC - Team	<i>Unknown Team</i>	1968	GOLD	National XC Champs (u13 Team)		Hamilton
XC - Team	<i>Eddie Knox</i>	1968	Silver	National XC Champs (u20 Team)	2nd place	Hamilton
XC - Team	G Jarvie	1967	GOLD	National XC Champs (u17 Team)	3rd place	Hamilton
XC - Team	A Beaney	1967	GOLD	National XC Champs (u17 Team)	6th place	Hamilton
XC - Team	R Beaney	1967	GOLD	National XC Champs (u17 Team)	19th place	Hamilton
XC - Team	<i>Eddie Knox</i>	1966	Silver	National XC Champs (u20 Team)	2nd place	Hamilton
XC - Team	<i>H Gorman</i>	1966	Silver	National XC Champs (u20 Team)	9th place	Hamilton
XC - Team	<i>A Middleton</i>	1966	Silver	National XC Champs (u20 Team)	13th place	Hamilton
XC - Team	<i>D Tees</i>	1966	Silver	National XC Champs (u20 Team)	18th place	Hamilton
XC - Team	G Jarvie	1966	Bronze	National XC Champs (u15 Team)	1st place	Hamilton
XC - Team	K Lunn	1965	Bronze	National XC Champs (u15 Team)	10th place	Hamilton
XC - Team	K Lunn	1964	Bronze	National XC Champs (u15 Team)	13th place	Hamilton
XC - Team	I Young	1963	Silver	National XC Champs (u17 Team)	2nd place	Hamilton
XC - Team	A Middleton	1963	Silver	National XC Champs (u17 Team)	6th place	Hamilton
XC - Team	D Tees	1963	Silver	National XC Champs (u17 Team)	31st place	Hamilton
XC - Team	<i>Unknown Team</i>	1963	Silver	National XC Champs (u15 Team)		Hamilton
XC - Team	I Young	1961	Bronze	National XC Champs (u15 Team)	11th place	Hamilton
XC - Team	A Middleton	1961	Bronze	National XC Champs (u15 Team)	6th place	Hamilton
XC - Team	<i>J Rooney</i>	1957	Bronze	National XC Champs (u20 Team)	3rd place	
XC - Team	<i>D Wilmoth</i>	1957	Bronze	National XC Champs (u20 Team)	22nd place	
XC - Team	<i>Eddie Sinclair</i>	1957	Bronze	National XC Champs (u20 Team)	28th place	
XC - Team	<i>J Rooney</i>	1956	GOLD	National XC Champs (u17 Team)	4th place	
XC - Team	<i>D Wilmoth</i>	1956	GOLD	National XC Champs (u17 Team)	29th place	
XC - Team	T Craig	1956	GOLD	National XC Champs (u17 Team)	14th place	
XC - Team	Eddie Sinclair	1954	Silver	National XC Champs (u17 Team)	4th place	Hamilton
XC - Team	D Tracey	1954	Silver	National XC Champs (u17 Team)	6th place	Hamilton
XC - Team	J O'Haire	1954	Silver	National XC Champs (u17 Team)	12th place	Hamilton
XC - Team	G Evans	1954	Silver	National XC Champs (u17 Team)	38th place	Hamilton
XC - Team	G Martin	1937	Bronze	National XC Champs (u17 Team)	10th place	
XC - Team	H Beattie	1937	Bronze	National XC Champs (u17 Team)	12th place	
XC - Team	D Moore	1937	Bronze	National XC Champs (u17 Team)	18th place	

XC - Team	W Wumibald	1937	Bronze	National XC Champs (u17 Team)	31st place	
XC - Team	J Dunn	1935	GOLD	National XC Champs (u17 Team)	2nd place	Hamilton
XC - Team	D Wilson	1935	GOLD	National XC Champs (u17 Team)	5th place	Hamilton
XC - Team	W Thomson	1935	GOLD	National XC Champs (u17 Team)	6th place	Hamilton
XC - Team	J McLaughlin	1935	GOLD	National XC Champs (u17 Team)	7th place	Hamilton
XC - Team	J Dunn	1934	GOLD	National XC Champs (u17 Team)	10th place	Hamilton
XC - Team	D Wilson	1934	GOLD	National XC Champs (u17 Team)	12th place	Hamilton
XC - Team	W Thomson	1934	GOLD	National XC Champs (u17 Team)	13th place	Hamilton
XC - Team	A Robertson	1934	GOLD	National XC Champs (u17 Team)	14th place	Hamilton

JUNIOR WOMEN						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
1500m	Marlene Gemmell	1991	GOLD	Scottish Junior Champs (U20)	4.54.81	As Strathkelvin Ladies
Pole Vault (in)	Charis Crawford	19/02/2022	GOLD	Scottish Indoor Age Champs (U15)	2.48	
Pole Vault (in)	Charis Crawford	09/02/2022	Silver	Scottish Schools Indoor Champs (U16)	2.30	
Pole Vault (out)	Charis Crawford	10/06/2022	GOLD	Scottish Schools Champs (U15)	2.40	Grangemouth
Pole Vault (out)	Charis Crawford	27/08/2022	GOLD	Scottish Outdoor Champs (U15)	2.81 (CR)	Grangemouth
Pole Vault (in)	Charis Crawford	31/01/2023	GOLD	Scottish Schools Indoor Champs (U17)	2.90	For Bishopbriggs Academy (Emirates Arena)
Pole Vault (in)	Charis Crawford	04/02/2023	Silver	Scottish Indoor U17 Champs	2.74	Emirates Arena
Pole Vault (in)	Charis Crawford	19/02/2023	Silver	Scottish Indoor U20 Champs	2.89	As first Year U17 - Emirates Arena
Shot Put (indoor)	Beth Mould	19/02/2023	GOLD	Scottish Indoor U13 Champs	7.66	Emirates Arena
1500m (indoor)	Willow Smith	19/02/2023	Bronze	Scottish Indoor U13 Champs	5.21.54	Emirates Arena
Pole Vault (out)	Charis Crawford	09/06/2023	GOLD	Scottish Schools Champs (U17)	3.00m	For Bishopbriggs Academy - Grangemouth
3000m (outdoor)	Rachel Giffen	09/06/2023	GOLD	Scottish Schools Champs (U20)	10.34.17	For Lenzie Academy - Grangemouth

X-Country & Road						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC	Brooke Dawson	23/04/2023	Silver	SSAA Primary XC Champs (P6)	7.23	1800m - For Lenzie Meadow (Kirkcaldy)
XC	Danielle Brown	23/02/2008	Bronze	Scottish XC Champs (u20)	16.50	
XC	Marlene Gemmell	16/06/1995	Bronze	Scottish XC Champs (SEN)	23.29	As Strathkelvin Ladies
XC	Marlene Gemmell	1986	Silver	Scottish XC Champs (U15)	13.15	As Strathkelvin Ladies

Team & Relay Medals						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC - Team	Willow Smith	23/04/2023	Silver	SSAA Primary XC Champs (P6)	4th (7.35)	1800m - For Millersneuk (Kirkcaldy)
XC - Team	Beth Wells	23/04/2023	Silver	SSAA Primary XC Champs (P6)	6th (8.01)	1800m - For Millersneuk (Kirkcaldy)
XC - Team	Ava Gillespie	23/04/2023	Silver	SSAA Primary XC Champs (P6)	27th (8.56)	1800m - For Millersneuk (Kirkcaldy)
SUPERTeams	Ruby Sillitoe	22/01/2023	Silver	Scottish U12 SUPERTeams (Indoor)	1022 Points	Emirates (5th Individual of 201)
SUPERTeams	Willow Smith	22/01/2023	Silver	Scottish U12 SUPERTeams (Indoor)	1022 Points	Emirates
SUPERTeams	Brooke Dawson	22/01/2023	Silver	Scottish U12 SUPERTeams (Indoor)	1022 Points	Emirates
SUPERTeams	Beth Wells	22/01/2023	Silver	Scottish U12 SUPERTeams (Indoor)	1022 Points	Emirates
School Relays	Beth Wells	05/10/2022	GOLD	SSAA Primary Road Relays (P6)	11.42	For Millersneuk
School Relays	Ava Gillespie	05/10/2022	GOLD	SSAA Primary Road Relays (P6)	11.42	For Millersneuk
School Relays	Willow Smith	05/10/2022	GOLD	SSAA Primary Road Relays (P6)	11.42	For Millersneuk
School Relays	Brooke Dawson	05/10/2022	Silver	SSAA Primary Road Relays (P7)	11.39	For Lenzie Meadow
School Relays	Louisa Fraser-Moodie	05/10/2022	Silver	SSAA Primary Road Relays (P7)	11.39	For Lenzie Meadow
School Relays	Charlotte Doyle (VPG)	05/10/2022	Silver	SSAA Primary Road Relays (P7)	11.39	For Lenzie Meadow
SUPERTeams	Beth Mould	18/06/2022	Bronze	Scottish U12 SUPERTeams	1276	Kilmarnock
SUPERTeams	Ruby Sillitoe (U11)	18/06/2022	Bronze	Scottish U12 SUPERTeams	1276	Kilmarnock
SUPERTeams	Maria Kielbasinka	18/06/2022	Bronze	Scottish U12 SUPERTeams	1276	Kilmarnock
SUPERTeams	Ella-Rose Templeman	18/06/2022	Bronze	Scottish U12 SUPERTeams	1276	Kilmarnock
4x200m Relay	Brooke Dawson	06/03/2022	GOLD	Indoor League Relays (U11 Team)		Emirates
4x200m Relay	Beth Wells	06/03/2022	GOLD	Indoor League Relays (U11 Team)		Emirates
4x200m Relay	Willow Smith	06/03/2022	GOLD	Indoor League Relays (U11 Team)		Emirates
4x200m Relay	Ruby Sillitoe	06/03/2022	GOLD	Indoor League Relays (U11 Team)		Emirates
XC - Team	L Kerr	1987	Silver	Scottish XC Champs (U13 Team)	10th place	Falkirk
XC - Team	A Paterson	1987	Silver	Scottish XC Champs (U13 Team)	18th place	Falkirk
XC - Team	V McDougall	1987	Silver	Scottish XC Champs (U13 Team)	24th place	Falkirk
XC - Team	L Gemmell	1987	Silver	Scottish XC Champs (U13 Team)	31st place	Falkirk
XC - Team	L Kerr	1986	Silver	Scottish XC Champs (U11 Team)	8th place	
XC - Team	W Gorman	1984	Bronze	Scottish XC Champs (U13 Team)	8th place	Irvine
XC - Team	M Gemmell	1984	Bronze	Scottish XC Champs (U13 Team)	10th place	Irvine

Scottish & UK Records

SENIOR MEN

Event	Athlete	Date/Year	Record Type	Competition	Performance	Notes
Mile	Graham Williamson	26/06/1983	Native	Tarman Games Mile	3.52.01	Meadowbank
1000m	Graham Williamson	17/07/1984	Native	HFCTrust Games (Meadowbank)	2.16.82	
2000m	Graham Williamson	29/08/1983	Scottish	Crystal Palace	4.58.38	

JUNIOR MEN (u20)

Event	Athlete	Date/Year	Record Type	Competition	Performance	Notes
1500m	Graham Williamson	17/07/1979	UK	Oslo	3.36.6+	During Mile
Mile	Graham Williamson	17/07/1979	UK	Oslo	3.53.15	Seb Coe broke WR
3000m	Graham Williamson	29/07/1978	Scottish	Meadowbank	8.00.7	

MASTERS WOMEN

Event	Athlete	Date/Year	Record Type	Competition	Performance	Notes
800m	Jeanette Craig	18/07/2021	Scottish W70	Nuneaton	3.22.5	
5000m	Jeanette Craig	24/07/2021	Scottish W70	Kilmarnock	22.58.99	#3 in GB all time
Half Marathon	Jeanette Craig	02/10/2022	Scottish W70	Great Scottish Run (HM)	1.47.50	

<<Past Scottish & UK Records<<

SENIOR MEN

Event	Athlete	Date/Year	Record Type	Competition	Performance	Notes
3000m SC	Tommy O'Reilly	1959.00	Scottish	SAAA Champs (New Meadowbank)	9.12.2	Held for 6 years
880 Yards	Duncan Middleton	01/07/1965	Scottish	AAA Champs (London)	1.48.6	Last ever 880y record
800m	Graham Williamson	12/06/1983	Scottish	AAA v Loughborough	1.45.6	Lasted 3 years (beat by Tom McKean)
1000m	Graham Williamson	20/08/1982	Scottish	Talbot Games (London CP)	2.18.72	
1000m	Graham Williamson	17/07/1984	Scottish	HFCTrust Games (Meadowbank)	2.16.82	Beat by Jake Wightman 34 years later
1500m	Graham Williamson	26/06/1983	Native	Tarman Games Mile	3.37.1	Held for 31 years - Beat by Chris O'Hare
Mile	Graham Williamson	13/07/1982	Scottish	Cork, IRL	3.50.64	Beat by Jake Wightman 40 years later
1500m (indoor)	Graham Williamson	10/02/1982	Scottish	GB v Belgium (Cosford)	3.38.28	Held for 31 years - Beat by Chris O'Hare

West Of Scotland District Medals *(not yet complete)*

WEST CHAMPS: SENIOR MEN - Track

Event	Athlete	Date/Year	Position	Competition	Performance	Notes
Mile	Tommy O'Reilly	1959	Bronze	West District T&F Champs	3rd	
High Jump	David Cairns	1959	GOLD	West District T&F Champs	1.78m	
High Jump	David Cairns	1961	GOLD	West District T&F Champs	1.83m	
3000 SC	Tommy O'Reilly	1961	Silver	West District T&F Champs	2nd	
3000 SC	Moir Logie	1961	Bronze	West District T&F Champs	3rd	
3000 SC	Tommy O'Reilly	1962	GOLD	West District T&F Champs	09:53.8	
High Jump	David Cairns	1963	GOLD	West District T&F Champs	1.90m	
3000 SC	Tommy O'Reilly	1963	Silver	West District T&F Champs	2nd	Ayr
3 Miles	Eddie Knox	1967	GOLD	West District T&F Champs	13.54.0	
3000 SC	Tommy O'Reilly	1967	Bronze	West District T&F Champs	3rd	
3000 SC	Tommy O'Reilly	1969	Bronze	West District T&F Champs	10.05	
1500m	Harry Gorman	1971	GOLD	West District T&F Champs	4.01.2	
10,000m	Alastair McFarlane	1974	GOLD	West District T&F Champs	31.20.4	
800m	Graham Williamson	1978	GOLD	West District T&F Champs	1.51.1	
800m	Graham Williamson	1979	GOLD	West District T&F Champs	1.50.7	
800m	Graham Williamson	1980	GOLD	West District T&F Champs	1.51.1	
800m	Adrian Callan	1988	GOLD	West District T&F Champs	1.55.8	
1500m	Adrian Callan	1993	GOLD	West District T&F Champs	4.00.44	

WEST CHAMPS: X-Country & Road						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC Champs	Adrian Callan	1987-88	Bronze	West District XC Champs - Sen Men	3rd	

WEST CHAMPS: Team & Relay Medals						
Event	Athlete	Date/Year	Team Position	Competition	Individual Pos.	Notes
XC Team	H Gorman	1976-77	Silver	West District XC Champs - Sen Men	11th	
XC Team	J Martin	1976-77	Silver	West District XC Champs - Sen Men		Galston
XC Team	A McFarlane	1976-77	Silver	West District XC Champs - Sen Men		
XC Team	C Lennox	1976-77	Silver	West District XC Champs - Sen Men		210 Points
XC Team	T O'Reilly	1976-77	Silver	West District XC Champs - Sen Men		
XC Team	T Malcolm	1976-77	Silver	West District XC Champs - Sen Men		
XC Team	Graham Williamson (u20)	1978-79	Silver	West District XC Champs - Sen Men	5th	1st Junior
XC Team	T Patterson	1978-79	Silver	West District XC Champs - Sen Men	7th	Bellahouston
XC Team	Eddie Knox	1978-79	Silver	West District XC Champs - Sen Men	38th	
XC Team	A McNair	1978-79	Silver	West District XC Champs - Sen Men	44th	
XC Team	A McIndoe	1978-79	Silver	West District XC Champs - Sen Men	48th	
XC Team	A McFarlane	1978-79	Silver	West District XC Champs - Sen Men	51st	
XC Team	Graham Crawford	1982-83	Bronze	West District XC Champs - Sen Men	4th	Lenzie
XC Team	J Martin	1982-83	Bronze	West District XC Champs - Sen Men	23rd	Last Men's Team Medal
XC Team	P McInTyre	1982-83	Bronze	West District XC Champs - Sen Men	27th	Lenzie
XC Team	B Minto	1982-83	Bronze	West District XC Champs - Sen Men	40th	Last Men's Team Medal
XC Team	T Gillespie	1982-83	Bronze	West District XC Champs - Sen Men	49th	Lenzie
XC Team	I McIndoe	1982-83	Bronze	West District XC Champs - Sen Men	51st	Last Men's Team Medal
XC - Relays	H Gorman	1982-83	Bronze	West District XC Relays - Sen Men	11.44	
XC - Relays	Graham Crawford	1982-83	Bronze	West District XC Relays - Sen Men	11.14	Ayr
XC - Relays	J Martin	1982-83	Bronze	West District XC Relays - Sen Men	11.49	
XC - Relays	Adrian Callan	1982-83	Bronze	West District XC Relays - Sen Men	11.56	
XC - Relays	Jim Cooper	1985-86	Silver	West District XC Relays - Sen Men	14.25 (14th)	
XC - Relays	Graham Crawford	1985-86	Silver	West District XC Relays - Sen Men	12.45 (2nd)	
XC - Relays	Adrian Callan	1985-86	Silver	West District XC Relays - Sen Men	11.35 (2nd)	
XC - Relays	Stevie Begen	1985-86	Silver	West District XC Relays - Sen Men	12.04 (2nd)	
XC - Relays	S Begen	1987-88	Silver	West District XC Relays - Sen Men	13.50.	Strathclyde Park
XC - Relays	Graham Crawford	1987-88	Silver	West District XC Relays - Sen Men	13.53	Strathclyde Park
XC - Relays	A McIndoe	1987-88	Silver	West District XC Relays - Sen Men	14.33	Strathclyde Park
XC - Relays	Adrian Callan	1987-88	Silver	West District XC Relays - Sen Men	13.16	Strathclyde Park
XC - Relays	D Donnet	1989-90	GOLD	West District XC Relays - Sen Men	12.55 (4th)	Clydebank
XC - Relays	Graham Crawford	1989-90	GOLD	West District XC Relays - Sen Men	12.56 (1st)	Clydebank
XC - Relays	Adrian Callan	1989-90	GOLD	West District XC Relays - Sen Men	12.56 (1st)	Clydebank
XC - Relays	G.Braidwood	1989-90	GOLD	West District XC Relays - Sen Men	13.06 (1st)	Clydebank
XC - Relays	A McIndoe	1991-92	Bronze	West District XC Relays - Sen Men	13.45	
XC - Relays	G Braidwood	1991-92	Bronze	West District XC Relays - Sen Men	12.4	Cumnock
XC - Relays	Graham Crawford	1991-92	Bronze	West District XC Relays - Sen Men	12.37	
XC - Relays	D Donnet	1991-92	Bronze	West District XC Relays - Sen Men	12.55	
XC - Relays	G.Braidwood	1993-94	GOLD	West District XC Relays - Sen Men	14.05	
XC - Relays	Graham Crawford	1993-94	GOLD	West District XC Relays - Sen Men	13.32	Kirkintilloch
XC - Relays	Jim Cooper	1993-94	GOLD	West District XC Relays - Sen Men	14.27	
XC - Relays	Adrian Callan	1993-94	GOLD	West District XC Relays - Sen Men	13.32	

WEST CHAMPS - SENIOR WOMEN - Track						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
Long Jump	C Cowie	1959	GOLD	West District Track & Field Champs	4.91m	
880 Yards	Molly Fergusson	1959	GOLD	West District Track & Field Champs	2.36.7	

WEST CHAMPS -X-Country & Road						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC Champs	Marlene Gemmell	1993-94	Silver	West District XC Champs - Sen Women	2nd	Strathkelvin Ladies
XC Champs	Marlene Gemmell	1996-97	Bronze	West District XC Champs - Sen Women	3rd	Strathkelvin Ladies
XC Champs	Lesley Chisholm	2005-06	Bronze	West District XC Champs - Sen Women	3rd	
XC Champs	Michelle Sandison	2006-07	Bronze	West District XC Champs - Sen Women	3rd	
XC Champs	Danielle Brown (u20)	2008-09	Silver	West District XC Champs - Sen Women	2nd	
XC Champs	Danielle Brown (u20)	2009-10	GOLD	West District XC Champs - Sen Women	1st	
XC Champs	Fiona Gentles	2009-10	Bronze	West District XC Champs - Sen Women	3rd	

XC Champs	Michelle Sandison (V35)	2014-15	GOLD	West District XC Champs - Sen Women	1st (25:37)	
XC Champs	Michelle Sandison (V35)	2015-16	GOLD	West District XC Champs - Sen Women	1st (27:35)	
XC Champs	Michelle Sandison (V35)	2016-17	Bronze	West District XC Champs - Sen Women	3rd (26:34)	Ayr
XC Champs	Michelle Sandison (V35)	2018-19	Silver	West District XC Champs - Sen Women	2nd (34:35)	Kilmarnock
XC Champs (V40)	Michelle Sandison (V40)	04/12/2021	GOLD	West District XC Champs - Vet Women	1st Vet / 8th All	Balloch

WEST CHAMPS -Team & Relay Medals						
Event	Athlete	Date/Year	Team Position	Competition	Individual Pos./time	Notes
XC Team	Michelle Sandison	2006-07	Bronze	West District XC Champs - Sen Women	3rd	
XC Team	Clare Gemmell (Vet)	2006-07	Bronze	West District XC Champs - Sen Women	11th	
XC Team	Chelsea Smith	2006-07	Bronze	West District XC Champs - Sen Women	12th	
XC Team	Danielle Brown (u20)	2007-08	Silver	West District XC Champs - Sen Women	4th	
XC Team	Clare Gemmell (Vet)	2007-08	Silver	West District XC Champs - Sen Women	5th	
XC Team	Michelle Sandison	2007-08	Silver	West District XC Champs - Sen Women	10th	
XC Team	Danielle Brown (u20)	2008-09	Bronze	West District XC Champs - Sen Women	2nd	
XC Team	Frances Florence (VET)	2008-09	Bronze	West District XC Champs - Sen Women	9th	
XC Team	Michelle Sandison	2008-09	Bronze	West District XC Champs - Sen Women	13th	
XC Team	Danielle Brown (u20)	2009-10	Bronze	West District XC Champs - Sen Women	1st	Irvine
XC Team	Fiona Gentles	2009-10	Bronze	West District XC Champs - Sen Women	3rd	
XC Team	Clare Gemmell (Vet)	2009-10	Bronze	West District XC Champs - Sen Women	13th	
XC Team	Kirsten Ferguson	2009-10	Bronze	West District XC Champs - Sen Women	50th	
XC Team	Michelle Sandison	2012-13	Silver	West District XC Champs - Sen Women	4th (23:24)	
XC Team	Danielle Brown	2012-13	Silver	West District XC Champs - Sen Women	14th (25:05)	
XC Team	Marlene Hunter[Gemmell] (V)	2012-13	Silver	West District XC Champs - Sen Women	15th (25:20)	
XC Team	Barbara Knox (V)	2012-13	Silver	West District XC Champs - Sen Women	38th (29:03)	
XC - Relays	Danielle Brown (u20)	2007-08	Silver	West District XC Relays - Sen Women	14.13 (2)	(2nd Fastest - 1st U20)
XC - Relays	Clare Gemmell (V)	2007-08	Silver	West District XC Relays - Sen Women	14.59 (2)	
XC - Relays	Lesley Chisholm [Bell]	2007-08	Silver	West District XC Relays - Sen Women	14.28 (2)	
XC - Relays	Michelle Sandison	2008-09	Bronze	West District XC Relays - Sen Women	15.37 (3)	
XC - Relays	Clare Gemmell (V)	2008-09	Bronze	West District XC Relays - Sen Women	15.50 (3)	
XC - Relays	Danielle Brown (u20)	2008-09	Bronze	West District XC Relays - Sen Women	14.06 (3)	Fastest Leg Overall
XC - Relays	Michelle Sandison	2009-10	GOLD	West District XC Relays - Sen Women	14.43 (3)	
XC - Relays	Fiona Gentles	2009-10	GOLD	West District XC Relays - Sen Women	14.32 (2)	
XC - Relays	Danielle Brown (u20)	2009-10	GOLD	West District XC Relays - Sen Women	13.41 (1)	Fastest Leg Overall
XC - Relays	Michelle Sandison	2010-11	Silver	West District XC Relays - Sen Women	16.30 (3)	
XC - Relays	Fiona Gentles	2010-11	Silver	West District XC Relays - Sen Women	13.06 (3)	Rouken Glen
XC - Relays	Danielle Brown (SEN)	2010-11	Silver	West District XC Relays - Sen Women	15.25 (2)	

WEST CHAMPS: JUNIOR MEN - Track						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
1500m (outdoor)	Gregor McNaught	15/05/2022	Silver	West District Outdoor Champs (U13)	5.00.36	Kilmarnock
80m Hurdles	Douglas Knox	13/05/2023	GOLD	West District Outdoor Champs (U15)	12.75	Kilmarnock
75m Hurdles	Wai Shun Tong	13/05/2023	GOLD	West District Outdoor Champs (U13)	12.49	Kilmarnock
Shot Put (4kg)	Douglas Knox	13/05/2023	GOLD	West District Outdoor Champs (U15)	11.51	Kilmarnock
Long Jump (out)	Douglas Knox	14/05/2023	GOLD	West District Outdoor Champs (U15)	5.98 (+2.7w)	Kilmarnock (best legal +1.9 1st too)
200m	Lucas McDonald	14/05/2023	Silver	West District Outdoor Champs (U13)	29.71	Kilmarnock (-2.0 w)
1500m (outdoor)	Gregor McNaught	14/05/2023	GOLD	West District Outdoor Champs (U13)	4.48.20	Kilmarnock
Discus (1.25kg)	Jamie Lowrie	14/05/2023	Bronze	West District Outdoor Champs (U15)	24.93	Kilmarnock

WEST CHAMPS: X-Country & Road						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC	Stephen Begen	1985-86	GOLD	West District XC Champs - U20M	1st	
XC	Stephen Begen	1984-85	Silver	West District XC Champs - U20M	2nd	
XC	David Donnett	1984-85	Silver	West District XC Champs - U17M	2nd	
XC	Adrian Callan	1979-80	GOLD	West District XC Champs - U17M	1st (21:05)	Clydebank
XC	P. McIntyre	1979-80	Silver	West District XC Champs - U17M	2nd (21:16)	Clydebank
XC	K Sinclair	1978-79	Silver	West District XC Champs - U13B	2nd	Bellahouston
XC	S Bradley	1978-79	Bronze	West District XC Champs - U13B	3rd	Bellahouston
XC	S McPherson	1978-79	Silver	West District XC Champs - U15B	2nd	Bellahouston
XC	Adrian Callan	1977-78	Silver	West District XC Champs - U15B	2nd	East Kilbride

XC	Graham Williamson	1976-77	GOLD	West District XC Champs - U17M	1st	Galston, Ayr
Xc	G Band	1976-77	Silver	West District XC Champs - U15B	2nd	Galston, Ayr
Xc	Stuart McPherson	1976-77	GOLD	West District XC Champs - U13B	1st	Galston, Ayr
Xc	R Barr	1975-76	GOLD	West District XC Champs - U13B	1st	Coatbridge
Xc	R McIntyre	1975-76	Silver	West District XC Champs - U13B	2nd	Coatbridge
Xc	Graham Williamson	1975-76	GOLD	West District XC Champs - U15B	1st	Coatbridge
Xc	Ian Murray	1975-76	GOLD	West District XC Champs - U17M	1st	Coatbridge

WEST CHAMPS: Team & Relay Medals						
Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC - Team	Jamie Burns	03/12/2022	Silver	West District XC Champs - U13B	13th (12:14)	3.2km - Kilmarnock
XC - Team	Gregor McNaught	03/12/2022	Silver	West District XC Champs - U13B	14th (12:20)	3.2km - Kilmarnock
XC - Team	Drew Dawson	03/12/2022	Silver	West District XC Champs - U13B	19th (12:57)	3.2km - Kilmarnock
XC - Team	Angus Millar	03/12/2022	Silver	West District XC Champs - U15B	6th (14:13)	4km - Kilmarnock
XC - Team	Angus Fraser-Moodie	03/12/2022	Silver	West District XC Champs - U15B	12th (14:26)	4km - Kilmarnock
XC - Team	Archie Watters	03/12/2022	Silver	West District XC Champs - U15B	13th (14:28)	4km - Kilmarnock
XC - Team	M Gorman	1990-91	Silver	West District XC Champs - U15B	4th	
XC - Team	L Hendry	1990-91	Silver	West District XC Champs - U15B	10th	
XC - Team	R Skelly	1989-90	Bronze	West District XC Champs - U13B	6th	
XC - Team	S Paterson	1989-90	Bronze	West District XC Champs - U13B	17th	
XC - Team	R McLellan	1989-90	Bronze	West District XC Champs - U13B	24th	
XC - Team	Stephen Beggan	1981-82	Bronze	West District XC Champs - U15B	7th	
XC - Team	M Kerr	1981-82	Bronze	West District XC Champs - U15B	9th	
XC - Team	David Donnet	1981-82	Bronze	West District XC Champs - U15B	19th	
XC - Team	W Minto	1980-81	Bronze	West District XC Champs - U17M	5th	
XC - Team	S McPherson	1980-81	Bronze	West District XC Champs - U17M	10th	Bellahouston
XC - Team	S Murphy	1980-81	Bronze	West District XC Champs - U17M	12th	
XC - Team	Adrian Callan	1979-80	GOLD	West District XC Champs - U17M	1st	
XC - Team	S McPherson	1979-80	GOLD	West District XC Champs - U17M	4th	Clydebank - (7 points/ Silver 33)
XC - Team	P. McIntyre	1979-80	GOLD	West District XC Champs - U17M	2nd	
XC - Team	I Davidson	1979-80	Silver	West District XC Champs - U15B	6th	
XC - Team	J Kyle	1979-80	Silver	West District XC Champs - U15B	9th	Clydebank - (31 {Points)
XC - Team	K Sinclair	1979-80	Silver	West District XC Champs - U15B	16th	
XC - Team	K Sinclair	1978-79	GOLD	West District XC Champs - U13B	2nd	7 Points
XC - Team	S Bradley	1978-79	GOLD	West District XC Champs - U13B	3rd	Bellahouston
XC - Team	J Kyle	1978-79	GOLD	West District XC Champs - U13B	4th	
XC - Team	S McPherson	1978-79	Bronze	West District XC Champs - U15B	2nd	
XC - Team	R. Chalmers	1978-79	Bronze	West District XC Champs - U15B	16th	Bellahouston
XC - Team	G Brown	1978-79	Bronze	West District XC Champs - U15B	30th	
XC - Team	Adrian Callan	1978-79	Bronze	West District XC Champs - U17M	7th	
XC - Team	S Callan	1978-79	Bronze	West District XC Champs - U17M	10th	Bellahouston
XC - Team	S McLean	1978-79	Bronze	West District XC Champs - U17M	16th	
XC - Team	Adrian Callan	1977-78	GOLD	West District XC Champs - U15B	2nd	
XC - Team	Stuart McPherson	1977-78	GOLD	West District XC Champs - U15B	5th	East Kilbride
XC - Team	J Minto	1977-78	GOLD	West District XC Champs - U15B	7th	
XC - Team	G Band	1976-77	Silver	West District XC Champs - U15B	2nd	
XC - Team	Adrian Callan	1976-77	Silver	West District XC Champs - U15B	9th	Galston, Ayr
XC - Team	R Burrell	1976-77	Silver	West District XC Champs - U15B	10th	
XC - Team	Stuart McPherson	1976-77	GOLD	West District XC Champs - U13B	1st	
XC - Team	W Minto	1976-77	GOLD	West District XC Champs - U13B	4th	Galston, Ayr
XC - Team	J MacQuillan	1976-77	GOLD	West District XC Champs - U13B	9th	
XC - Team	R Barr	1975-76	GOLD	West District XC Champs - U13B	1st	
XC - Team	R McIntyre	1975-76	GOLD	West District XC Champs - U13B	2nd	Coatbridge
XC - Team	Adrian Callan	1975-76	GOLD	West District XC Champs - U13B	4th	
XC - Relays	Springburn -A-	1993-94	Bronze	West District XC Relays - Young Males	1st	(29:14) - Kirkintilloch
XC - Relays	M Kerr	1980-81	GOLD	West District XC Relays - Young Males	10.11	East Kilbride
XC - Relays	I Davidson	1980-81	GOLD	West District XC Relays - Young Males	9.18	GOLD - 6 Years Successive
XC - Relays	W Minto	1980-81	GOLD	West District XC Relays - Young Males	9.09	
XC - Relays	M Kerr	1979-80	GOLD	West District XC Relays - Young Males	10:15 (6)	
XC - Relays	J Kyle	1979-80	GOLD	West District XC Relays - Young Males	9:15 (2)	Johnstone, Renfrewshire
XC - Relays	Adrian Callan	1979-80	GOLD	West District XC Relays - Young Males	8:34 (1)	
XC - Relays	K Sinclair	1978-79	GOLD	West District XC Relays - Young Males	10.31	
XC - Relays	Stuart McPherson	1978-79	GOLD	West District XC Relays - Young Males	10.05	(Fastest U15B)
XC - Relays	Adrian Callan	1978-79	GOLD	West District XC Relays - Young Males	9.44	
XC - Relays	K Sinclair	1977-78	GOLD	West District XC Relays - Young Males	9.50	Irvine

XC - Relays	Stuart McPherson	1977-78	GOLD	West District XC Relays - Young Males	9.10	(Fastest U15B)
XC - Relays	Graham Williamson	1977-78	GOLD	West District XC Relays - Young Males	8.01	(Fastest U17M)
XC - Relays	W Minto	1976-77	GOLD	West District XC Relays - Young Males	10.06	
XC - Relays	G Band	1976-77	GOLD	West District XC Relays - Young Males	9.12	(Fastest U15B)
XC - Relays	Graham Williamson	1976-77	GOLD	West District XC Relays - Young Males	9.07	(Fastest U17M)
XC - Relays	Springburn -A-	1975-76	GOLD	West District XC Relays - Young Males	23.07	Team Unknown (2nd place 23.47)

WEST CHAMPS -JUNIOR WOMEN

Event	Athlete	Date/Year	Position	Competition	Performance	Notes
Pole Vault (out)	Charis Crawford	14/05/2022	GOLD	West District Champs (U15)	2.50	CBP= - Kilmarnock
Shot Put (out)	Beth Mould	13/05/2023	Bronze	West District Champs (U13)	7.33	Kilmarnock
Pole Vault (out)	Charis Crawford	13/05/2023	GOLD	West District Champs (U17)	3.19	Kilmarnock
Triple Jump (out)	Katie Lennon	14/05/2023	Bronze	West District Champs (U17)	8.24	Kilmarnock (also Windy 8.35m +2.5w)
1500m (out)	Willow Smith	14/05/2023	Silver	West District Champs (U13)	5.21.99	Kilmarnock

WEST CHAMPS -X-Country & Road

Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC	Rachel Giffen	Dec-19	Bronze	West District XC Champs (U15G)	3rd	
XC	Danielle Brown	2008	Silver	West District XC Champs (U20)	2nd	
XC	M Hastie	1991-92	Bronze	West District XC Champs (U13G)	3rd	Strathkelvin Ladies
XC	H Connell	1991-92	Bronze	West District XC Champs (U11G)	3rd	Strathkelvin Ladies
XC	Marlene Gemmell	1988-89	Silver	West District XC Champs (U17W)	2nd	Strathkelvin Ladies
XC	Marlene Gemmell	1987-88	Silver	West District XC Champs (U17W)	2nd	Strathkelvin Ladies
XC	Marlene Gemmell	1986-87	Bronze	West District XC Champs (U15G)	3rd	Strathkelvin Ladies
XC	L Kerr	1986-87	Bronze	West District XC Champs (U13G)	3rd	Strathkelvin Ladies
XC	Marlene Gemmell	1985-86	Bronze	West District XC Champs (U15G)	3rd	Strathkelvin Ladies
XC	A Paterson	1985-86	Bronze	West District XC Champs (U13G)	3rd	Strathkelvin Ladies
XC	S Gorman	1983-84	Silver	West District XC Champs (U13G)	2nd	Strathkelvin Ladies

WEST CHAMPS -Team & Relay Medals

Event	Athlete	Date/Year	Position	Competition	Performance	Notes
XC Team	Unknown Team (U15)	1993-94	GOLD	West District XC Champs (U15G)	1st	Strathkelvin Ladies
XC Team	Unknown Team (U20)	1991-92	GOLD	West District XC Champs (U20W)	1st	Strathkelvin Ladies
XC Team	Inc M Gemmell (U15G)	1985-86	Bronze	West District XC Champs (U15G)	3rd	Strathkelvin Ladies
XC Team	Unknown Team (U11G)	1985-86	GOLD	West District XC Champs (U11G)	1st	Strathkelvin Ladies

Scottish Junior All- Time Lists

JUNIOR MEN - Track

Event	Athlete	Date/Year	Position	Competition	Performance	Notes
800m (indoor)	Gregor McNaught	19/02/2023	Silver	Scottish Indoor U13 Champs	2.20.65	10th All-Time: U13 Boys Indoors
200m (indoor)	Wai Shun-Tong	19/02/2023	GOLD	Scottish Indoor U13 Champs	27	8th All Time: U13 Boys Indoors
4x200m (indoor)	Matthew Murray	11/02/2023	GOLD	National Relays U13's	1.55.47	5th All Time U13 indoors
	Lucas McDonald					
	Drew Dawson					
	Wai Shun Tong					
Long Jump (indoor)	Douglas Knox	05/03/2023	1st + Team Silver	SAIL Finals	6.26m	2nd All Time : U15 Boys Indoors (11th UK All-Time)
Pentathlon (indoor)	Douglas Knox	28/01/2023	GOLD	National Combined Event Champs	2676 points	8th All Time: U15 Boys (Indoor)
60m (indoor)	Wai Shun Tong	19/02/2023	GOLD	Scottish Indoor U13 Champs	7.92s	2nd All Time : U13 Boys Indoors
200m (indoor)	Wai Shun Tong	19/02/2023	GOLD	Scottish Indoor U13 Champs	27.00s	8th = All Time: U13 Boys Indoors
60m Hurdles	Wai Shun Tong	21/01/2023	1st	National Indoor Open	9.99s	9th = All Time: U13 Boys Indoors

JUNIOR WOMEN

Event	Athlete	Date/Year	Position	Competition	Performance	Notes
Pole Vault (out)	Charis Crawford	27/08/2022	GOLD	Scottish U15 Champs	2.81m	2nd All Time (U15) + Champs Record