

Springburn Harriers Time Trial 2016-17

Springburn Harriers Time Trials

Date	Gender	Cat	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	XMAS	Dec-16	Jan-17	Feb-17	Mar-17
Route	M/F		Summer	Summer	Summer	Summer	Summer	Summer	Winter	Winter	Xmas Handicap **Actual Times	Winter	Winter	Summer	Summer
Distance			3.21 miles	3.21 miles	2.78 miles	2.78 miles	2.78 miles	2.78 miles	3.21 miles	3.06 miles	2.61 miles	3.21 miles	3.21 miles	3.21 miles	3.21 miles
Runner	Gender	Cat	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	XMAS	Dec-162	Jan-17	Feb-17	Mar-17
Adrienne Haggerty	F	V40							00:30:24						
Alan Hill	M	V60	00:27:46		00:26:22	00:21:36		00:22:49	00:24:23	00:25:13	00:19:37	00:27:40			
Alex Chatham	M	V50	00:23:49			00:20:23									
Alistair Peat	M	Senior	00:25:59	00:23:04	00:21:21	00:19:32		00:22:54	00:23:00	00:22:06	00:18:44	00:22:07	00:22:34		
Alistair Thomson	M	Senior	00:25:14												
Anna Bogucki	F	Senior		00:25:31	00:22:21							00:24:33	00:24:26		
Anne Bruce	F	V60				00:25:08			00:27:07	00:28:45		00:30:30			
Barbara Knox	F	V50		00:24:43	00:21:48	00:20:54			00:23:57						
Bobby Young	M	Senior	00:22:23		00:21:08	00:20:10		00:22:52	00:23:25	00:24:36					
Carol McCaughley	F	V50			00:21:47				00:25:58						
Celia Dourish	F	V40								00:25:13					
Chris Black	M	Senior				00:15:37		00:17:23							
Christine Hadfield	F	V40							00:23:11						
Clare Gemmell	F	V40	00:20:47												
Clare Hendry	F	Senior					00:27:50								
Clem Clement	M	V50	00:20:30	00:20:07	00:19:40										
Colin Durning	M	V50				00:20:44	00:23:12	00:22:36							
Colin Langan	M	Senior								00:30:18					
Colleen Langan	F	Senior								00:30:18					
Collette Coyle	F	V40						00:25:39	00:25:58	00:25:13	00:22:07		00:27:07		
Damian McAuley	M	V50						00:20:31		00:20:23					
David Houston	M	Senior								00:18:40	00:15:56	00:18:57	00:18:27		
David McCaulay	M	V40									00:17:06	00:20:37			
Donnie Inglis	M	V40	00:23:40	00:21:35				00:22:16	00:23:09	00:21:07			00:21:46		
Eddie Dickson	M	V60			00:21:25	00:21:27	00:24:16	00:23:37		00:24:20	00:21:34	00:27:39	00:25:13		
Emma Ryan	F	Senior							00:24:50	00:24:36					
Erica Dickson	F	Senior	00:30:23		00:23:42										
Fiona Peat	F	Senior			00:26:06	00:24:48						00:27:38			
Frank Doherty	M	Senior							00:30:11						
Gemma Welsh	F	Senior									00:26:11				
George Inglis	M	V70						00:32:11	00:32:51		00:28:37				
Geraldine Gallagher	F	V50		00:32:50	00:28:06										
Gillian McGale	F	V40	00:26:41					00:24:24							
Grant Cairns	M	Senior									00:21:47		00:21:04		
James Lewis	M	V40		00:19:36	00:19:30	00:19:10				00:22:43					
Janice Clement	F	V50	00:29:55	00:25:55		00:25:08			00:30:24	00:28:02		00:27:37			
Jeanette Craig	F	V60	00:24:27			00:20:06			00:23:06	00:23:06					
Joan Brand	F	V50	00:29:55						00:30:24	00:28:02					
Joe Chambers	M	Senior				00:18:40	00:21:10	00:19:32	00:20:13	00:20:19	00:16:45		00:21:41		
John Henderson	M	V50	00:21:57						00:20:34		00:18:14	00:21:04	00:22:16		
John Owens	M	V60			00:26:06										
Judy Welch	F	Senior						00:28:26	00:30:24	00:28:45		00:30:30	00:29:29		
Lauren Cairley	F	Senior							00:25:58		00:21:42				
Les Hill	M	V50							00:21:27						
Lynsey Currie	F	Senior	00:27:37	00:24:46					00:24:04						
Marie McCready	F	V40			00:21:56										
Matt Stanley	M	Senior				00:19:51	00:20:29								
Michael McGill	M	V40	00:22:25		00:20:57			00:23:55	00:23:06	00:22:50	00:20:14	00:26:11			
Paul Sinnott	M	Senior							00:22:33						
Pauline Doherty	F	V40			00:21:15			00:24:07	00:23:25	00:22:46	00:19:47	00:23:18	00:22:50		
Pauline McDaid	F	V40						00:28:15							
Robert White	M	V40	00:22:49	00:21:35	00:28:06	00:18:46	00:21:16		00:20:54	00:21:27					
Ross McEachern	M	V50				00:16:34				00:18:19		00:18:26	00:19:29		
Scot Hill	M	V40	00:29:55						00:20:36				00:22:21		
Shona Campbell	F	Senior								00:23:13			00:23:18		
Siobhain McHugh	F	V40		00:26:25	00:23:32			00:25:39	00:25:58	00:25:13	00:22:07	00:26:10	00:27:07		